

sigvaris

SIGVARIS
GROUP



The Sigvaris range,
made easy



The Sigvaris range, made easy

This guide is split into three parts: compression for treatment of lower limb conditions, ongoing therapy for long-term management, and tools that make compression easier to use day to day.

Early intervention

- The NHS Long Term Plan prioritises earlier, smarter care in the community¹
- In the absence of red flags, mild compression (up to 20 mmHg) can be applied immediately²
- National Wound Care Strategy Programme (NWCSP) highlights prompt assessment and treatment as essential²

Treatment



















- UK guidance recommends sustained compression for leg ulcer healing²
- Inelastic compression wraps: Adjustable, with built-in pressure guides and three compression levels³
- ULCER X: Fixed, reliable compression between changes⁴

Maintenance

- Compression helps maintain oedema once contained and can reduce leg ulcer recurrence^{5,6}
- Compression garments and wraps support long-term management by controlling oedema and venous return^{5,6}

Support – Doffing & Donning

- Around 60% of patients face barriers applying compression, often due to reduced mobility, hand strength, or pain⁷
- These challenges can affect healing and long-term outcomes^{7,8}
- Donning aids help overcome them, supporting independence and engagement with therapy^{7,8}

Light							Strong		
Page number	Product	Compression classes	10 mmHg		20 mmHg	30 mmHg	40 mmHg	50 mmHg	Used for
8-9	Complete liner	10-15 mmHg	10-15 mmHg						
	ULCER X liner	15-20 mmHg		15-20 mmHg					
10-11	COOLFLEX™ Standard - Calf	20-50 mmHg			20-50 mmHg Variable				 
12-13	COMPREFLEX® Standard - Calf	20-50 mmHg			20-50 mmHg Variable				 
14-15	COMPREFLEX® Standard - Thigh	20-50 mmHg			20-50 mmHg Variable				 
16-17	COMPREFLEX® Standard - Knee	20-50 mmHg			20-50 mmHg Variable				 
18-19	COMPRESSOBOOT Standard	30-40 mmHg				30-40 mmHg Variable			 
22-23	ULCER X Kit	>45 mmHg						>45 mmHg	
24-25	Essential COMFORTABLE	RAL 1-2		18-21	23-32 mmHg				
26-27	Essential THERMOREGULATING	RAL 1-3		18-21	23-32 mmHg		34-46 mmHg		
28-29	Active LEISURE	AFNOR 2		15-20 mmHg					
30-31	Essential COTON	AFNOR 2-3		15-20 mmHg					
32-33	Essential MICROFIBRE	AFNOR 2		15-20 mmHg					

E Early intervention T Treatment M Maintenance

Sigvaris compression - in a class of its own

Sigvaris medical compression stockings are available in AFNOR and RAL compression standards with stringent defined procedures on how to produce and test.

AFNOR

Products generally have a soft feel and offer low to medium levels of medical compression with the range anatomically shaped for men and women.

RAL

Products can offer higher compression levels and very often are unisex garments with some products consisting of firmer, more supportive materials.

Ensuring the correct fit will allow the legs to receive the full therapeutic benefits of compression.

That's why Sigvaris provides guidance on the best measuring points to achieve an optimum fit.

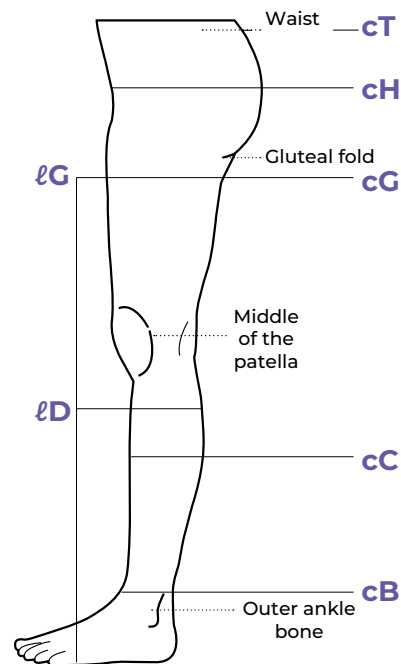
General guidelines for measuring

- Measurements should ideally be taken as early in the morning as possible, when swelling is minimal.
- Where possible, measure against bare skin to ensure accuracy.
- The measuring system is based on having the foot flat against the floor and the calf or leg at a right angle to the foot (see diagrams to the right for examples).
- Circumference measurements should be taken by placing the tape around the leg so that it is snug but not constricting.
- Length measurements should be taken from the ground up along a straight tape measure up the outside of the leg.

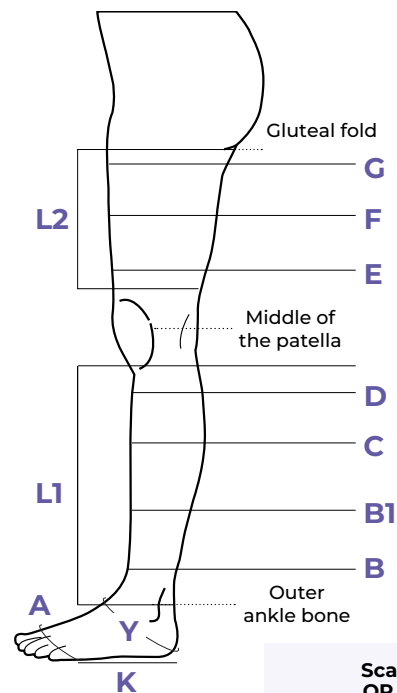


The diagrams below illustrate the available measurements and indicate where measurements should be taken based on the selected product style.

Circular knit measuring points



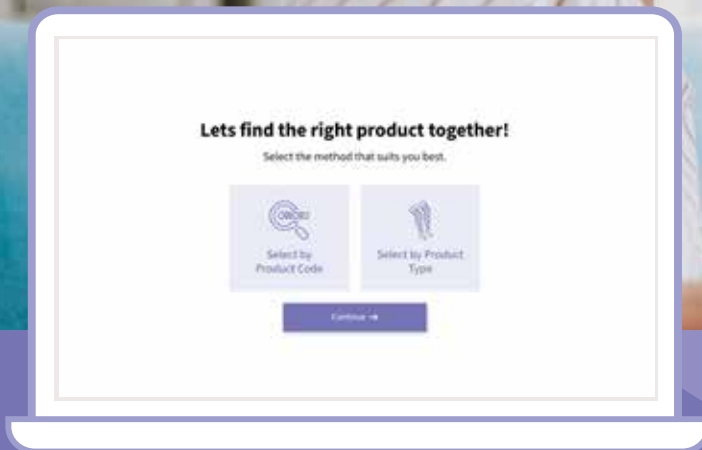
Inelastic compression wrap measuring points



Scan the QR code to view our 'How to' measure videos

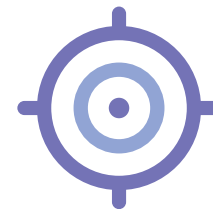


Let's find the right product, together



Introducing Sigvaris Select

Your new tool to find Sigvaris garments with:



Precision

Filter by measurements and compression needs to get the right order code, every time.



Speed

Go from product selection to order code in minutes.



Confidence

A clear step-by-step process makes choosing the right garment simple and accurate.

Need support
using our product
selector tool?

Call us on
01264 326 666
or email us on
[customerservices@
sigvaris.com](mailto:customerservices@sigvaris.com)

**Why guess
when you
can Select.**

Try it now



Scan the QR code to find
product codes with ease

Compression liners

Comfort starts with the right foundation. Our wrap liners Basic, Transition, Complete and Cotton add softness and extra compression under inelastic compression wraps.

Early intervention

For early intervention, national guidance supports the safe use of mild compression ($\leq 20\text{mmHg}$) when no red flags are present.² The Complete Liner delivers 10–15 mmHg and the Ulcer X Liner delivers 15–20 mmHg, giving clinicians flexible options to start therapy early and support venous return.²

Basic liner

Features and benefits

- Non-compressive liner
- Easy to apply knee-high liners
- *drirelease*® moisture-wicking and odour control
- Flat seams for added comfort
- Silver ionized treatment for bacteriostatic properties
- Available with COMPREFLEX and COOLFLEX inelastic compression calf
- Available to buy separately



Transition liner

Features and benefits

- 10-15mmHg in foot and ankle only
- Comfortable knee-high liners
- *drirelease*® moisture-wicking and odour control
- Extra thick sole from toe to heel for added comfort
- Silver ionized treatment for bacteriostatic properties
- Available with COMPREFLEX inelastic compression calf
- Available to buy separately



Complete liner

Early intervention

Features and benefits

- 10-15mmHg in the calf, foot and ankle with graduated compression in calf
- Comfortable knee-high liners
- *drirelease*® moisture-wicking and odour control
- Extra thick sole from toe to heel for added comfort
- Silver ionized treatment for bacteriostatic properties
- Available with COMPREFLEX inelastic compression calf
- Available to buy separately



ULCER X liner

Early intervention

Features and benefits

- The liner offers 15-20mmHg of compression
- Comfort against the skin through the liners unique cotton blend
- Available to buy separately



Cotton liner

Features and benefits

- Non-compressive liner
- Made from cotton, it is gentle on the skin and breathable, making it ideal for individuals with sensitive skin.
- Available for calf (one size) and thigh (S / M / L / XL)



TreatmentMaintenance

COOLFLEX™
Standard - Calf

20-50 mmHg
Variable

Combining innovation and practicality, the COOLFLEX™ Standard - Calf's Spacer Fabric enhances heat and moisture transfer, while stainless steel hooks ensure durability and ease of use.

Containment

Breatable

Moisture-wicking

Scan here to view the product's measuring form



EZ - Close pressure system with visual indicators. Each closure tab features three white markings indicating the compression ranges from 20-50 mmHg.

Sizing chart

All measurements are shown in cm

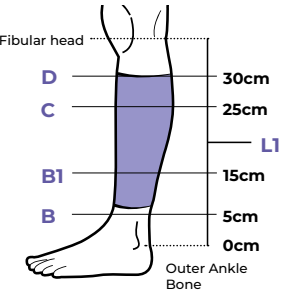
Calf

	S	S Max	M/L	M/L Max	XL/XXL
Ankle (B)	16-26		23-33		30-42
Below Calf (B1)	22-33	27-38	29-43	35-49	37-54
Calf (C)	28-39	35-50	34-50	45-64	45-64
Above Calf (D)	28-39	35-50	34-50	45-64	45-64

Length

	Regular	Long
Below knee (L1)	30-35.9	36-42

Below knee



Measure the points at the heights given
EG: Circumference for B is measured 5cm above the outer ankle bone

TreatmentMaintenance

COMPREFLEX®
Calf

20-50 mmHg
Variable

Featuring a contoured calf for a superior fit and durable double-stitched composition, COMPREFLEX® offers three adjustable compression levels with AccuTabs® and easy application with the front stretch panel.

Containment

Durable

Easy donning & doffing

Scan here to view the product's measuring form



Sizing chart

All measurements are shown in cm

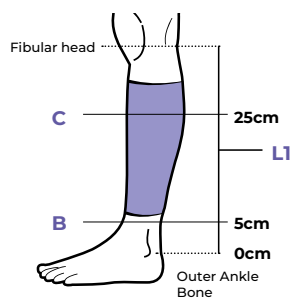
Calf

	S	M	L	XL	XXL
Ankle (B)	19-26	21-30	26-36	31-41	36-46
Calf (C)	29-39	34-44	40-50	46-56	54-64

Length

	Regular	Long
Below knee (L1)	30-33.9	34-42

Below knee



Measure the points at the heights given
EG: Circumference for B is measured 5cm above the outer ankle bone

Styles and colours

	Beige	Black
COMPREFLEX Standard - Calf	●	●
COMPREFLEX Transition - Calf	●	●
COMPREFLEX Complete - Calf	●	●

TreatmentMaintenance

COMPREFLEX®
Standard - Thigh

20-50 mmHg
Variable

An adjustable inelastic compression wrap for lymphoedema, featuring AccuTabs®, breathable fabric, and a secure hip attachment for a comfortable, contoured fit.

Containment

Durable

Easy donning & doffing

Scan here to view the product's measuring form

AccuTab® allows the user and HCP to accurately measure the required compression

COMPREFLEX® Standard - Thigh in Beige

COMPREFLEX® Standard - Thigh in Black

Sizing chart

All measurements are shown in cm

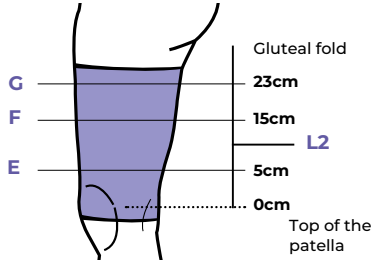
Thigh

	S	M	L	XL
Above knee (E)	38-48	46-56	53-63	63-73
Thigh (F)	43-53	51-61	58-68	68-78
Below gluteal fold (G)	48-58	56-66	64-74	74-84

Length

	Regular	Long
Above knee (L2)	20-24.9	25-30

Thigh



Measure the points at the heights given
EG: Circumference for E is measured 5cm above top of the patella

Styles and colours

	Beige	Black
COMPREFLEX Standard - Thigh		

TreatmentMaintenance

COMPREFLEX®
Standard - Knee

20-50 mmHg
Variable

With a built-in stretch panel for easy application and a four-way strap for targeted support, this product ensures secure, effective compression in hard-to-reach areas like the patella or popliteal space.

Containment

Durable

Easy donning & doffing

Scan here to view the product's measuring form

AccuTab® allows the user and HCP to accurately measure the required compression

COMPREFLEX® Standard - Knee in Beige

COMPREFLEX® Standard - Knee in Black

COMPREFLEX® Standard - Knee in Black

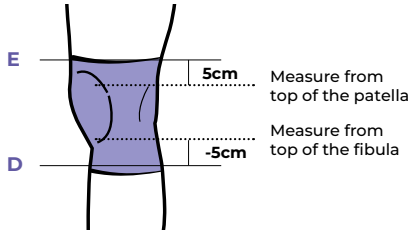
Sizing chart

All measurements are shown in cm

Knee

	S	M	L	XL
Below knee (D)	29-39	34-44	39-49	44-65
Above knee (E)	38-48	46-56	53-63	63-73

Knee



Measure the points at the heights given EG: Circumference for E is measured 5cm above top of the patella

Styles and colours

	Beige	Black
COMPREFLEX Standard - Knee	●	●

TreatmentMaintenance

COMPREBOOT Standard

30-40 mmHg
Variable

Designed for optimal comfort and effectiveness while allowing you to apply compression in the foot. Its low-stretch material enhances fit and simplifies application, ensuring reliable support.

Containment

Durable

Easy donning & doffing



Scan here to view the product's measuring form

COMPREBOOT Standard and COMPREFLEX Standard - Calf in Beige

COMPREBOOT Standard in Black

Sizing chart

All measurements are shown in cm

Foot

	S		M		L	
Ankle bend and heel (Y)	28-36		≤ 39		≤ 44	
Metatarsal heads (A)	22-26		≤ 30		≤ 33	
	Regular	Long	Regular	Long	Regular	Long
Inside of foot (K)	14-18	19-23	18-20	23-25	20-22	25-27

Foot

Styles and colours

		
COMPREBOOT Standard		

Any questions or queries? Contact our Customer Service team on 01264 326 666 or email customerservices@sigvaris.com

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Inelastic compression wrap accessories

Our inelastic compression wraps come with practical accessories to support the wearer.

These accessories are thoughtfully designed to enhance comfort and fit, ensuring your patients get the most from their therapy.

4 pack

AccuTab® Device*

Features and benefits

- Position the COMPREFLEX® device on the limb, gently position the straps without stretching or applying compression
- Attach one AccuTab® at the end of each strap
- Pull each strap to the prescribed pressure indicated by the lines on the AccuTab®: 20–30, 30–40, or 40–50 mmHg



* AccuTabs® are provided with the COMPREFLEX garment

Strap extenders

Features and benefits

- Provides up to 10cm of additional circumferential size range to COMPREFLEX® wraps
- Fixes securely
- Potential solution for patients outside of standard size ranges of COMPREFLEX® wraps
- Available in Beige and Black



Let's Measure Together

We have **CPD accredited workshops** available to support making measuring simple for **Sigvaris compression garments**.

Sessions
accredited by



Scan the QR
code to book
a session



Treatment

ULCER X
Kit and Liner

23-32
mmHg

+

15-20
mmHg

=

>45
mmHg

Compression sleeve
(1 device)

Liner
(1 pair)

Kit

ULCER X combines a compression sleeve with a liner to deliver higher compression, which may support healing while remaining comfortable to wear.¹¹

Soft

Cushioned sole

Anti-bacterial

Scan here to view the product's measuring form



Sizing chart

All measurements are shown in cm

Kit

Below knee	S		M		L		XL	
Ankle (cB)	19-23		23-26		26-29		29-32	
	STD	PLUS	STD	PLUS	STD	PLUS	STD	PLUS
Calf (cC)	31-36	35-40	34-39	39-44	37-42	43-48	40-45	47-52

Length

	Short	Long
Below knee (ℓD)	33-37	38-44

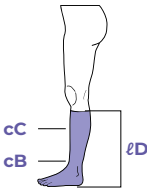
Liner

Below knee	S	M	L	XL
Ankle (cB)	19-23	23-26	26-29	29-32
Calf (cC)	31-36	34-39	37-42	40-45

Length

	Short	Long
Below knee (ℓD)	33-37	38-44

Below knee



Styles and colours

● Closed toe

	Beige
ULCER X Kit	●
ULCER X Liner	●

Maintenance

Essential
COMFORTABLE

18-21
mmHg

RAL 1

23-32
mmHg

RAL 2

The modern fabric provides a soft and smooth feel against the skin while offering breathability and moisture-wicking to aid skin care.



Soft



Easy
donning
& doffing



Moisture
-wicking



Scan here
to view the product's
measuring form



Available in Made to Measure
See our Made to Measure brochure
for more details.



Knobbed grip
dotted grip
top band



Below knee in Caramel
with Open toe



Thigh with waist attachment
in Black with Open toe



Tights in Black

Thigh with
grip top
in Savannah
with Open
toe

Sizing chart

Below knee, thigh and tights (panty)

All measurements are shown in cm

	XXS		XS		S		M		L		XL	
Ankle (cB)	18-20		20-22		22-24		24-26		26-29		29-32	
	STD	PLUS	STD	PLUS	STD	PLUS	STD	PLUS	STD	PLUS	STD	PLUS
Calf (cC)	25-32	29-36	29-36	33-40	33-40	35-42	35-42	38-45	38-45	42-49	42-49	43-51
Thigh (cG) with grip top	42-52	47-56	47-56	52-61	52-61	56-65	56-65	61-71	61-71	66-76	66-76	73-85
Thigh (cG)	42-54	47-59	47-59	52-64	52-64	56-68	56-68	61-74	61-74	66-79	66-79	76-85
Hip (cH)	75-90	80-95	80-95	85-100	85-100	95-110	95-110	105-120	105-120	115-130	115-130	125-140
Waist (cT)	60-75	65-80	65-80	75-90	75-90	85-100	85-100	95-110	95-110	105-120	105-120	115-130

Length

	Short	Normal	Long
Below knee (ℓD)	-	35-40	41-45
Thigh (ℓG)	56-64	65-74	75-84
Tights (ℓG)	-	65-74	75-84

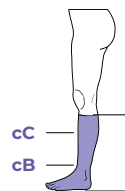
Styles and colours

●●● Closed toe

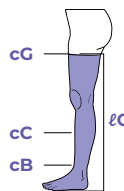
○○○ Open toe

	Class 1			Class 2		
	Black	Caramel	Savannah	Black	Caramel	Savannah
Below knee	● ○	● ○	○ ○	● ○	● ○	○ ○
Thigh without grip top	● ○	● ○	○ ○	● ○	● ○	○ ○
Thigh with grip top	● ○	● ○	○ ○	● ○	● ○	○ ○
Thigh with waist attachment (Left and right)	-	-	-	● ○	● ○	○ ○
Tights (panty)	● ○	● ○	○ ○	● ○	● ○	○ ○
Tights (panty) extra	● ○	● ○	○ ○	● ○	● ○	○ ○
Tights (panty) body form	-	-	-	● ○	● ○	○ ○

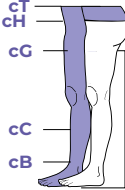
Below knee



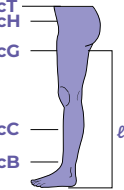
Thigh



Thigh w/
attachment



Tights (panty)



Maintenance

Essential
THERMOREGULATING

18-21
mmHg
RAL 1

23-32
mmHg
RAL 2

34-46
mmHg
RAL 3

With 100% cotton against the skin and properties that maintain an optimal skin climate for all year-round wear, this garment is ideal for wearers with venous or lymphatic conditions and sensitive skin.

Sensitive skin

100% cotton against the skin

Breathable

Scan here to view the product's measuring form

Sensinnov grip top band on thigh

Knobbed grip dotted grip top band

Below knee in Natural with Open toe

Thigh with waist attachment in Natural

Thigh with Sensinnov grip top in Black

Below knee

Thigh

Tights

Sizing chart

Below knee, thigh and tights (panty)

All measurements are shown in cm

Ankle (cB)	XXS		XS		S		M		L		XL	
	STD	PLUS	STD	PLUS	STD	PLUS	STD	PLUS	STD	PLUS	STD	PLUS
Calf (cC)	25-32	29-36	29-36	33-40	33-40	35-42	35-42	38-45	38-45	42-49	42-49	43-51
Thigh (cG) with grip top	42-52	47-56	47-56	52-61	52-61	56-65	56-65	61-71	61-71	66-76	66-76	73-85
Thigh (cG)	42-54	47-59	47-59	52-64	52-64	56-68	56-68	61-74	61-74	66-79	66-79	76-85
Hip (cH)	75-90	80-95	80-95	85-100	85-100	95-110	95-110	105-120	105-120	115-130	115-130	125-140
Waist (cT)	60-75	65-80	65-80	75-90	75-90	85-100	85-100	95-110	95-110	105-120	105-120	115-130

Length

	Short	Normal	Long
Below knee (ℓD)	31-34	35-40	41-45
Thigh (ℓG)	56-64	65-74	75-84
Tights (ℓG)	56-64	65-74	75-84

Styles and colours

	Class 1		Class 2		Class 3	
	Black	Nature	Black	Nature	Black	Nature
Below knee	●*○*	●*○*	● ○	● ○	●*○*	●*○*
Below knee with knobbed grip top	-	-	●*○*	●*○*	-	-
Below knee maxi foot	●*	-	●*	●*	●*	-
Thigh without grip top	● ○	● ○	● ○	● ○	-	-
Thigh with knobbed grip top	● ○	● ○	● ○	● ○	● ○	● ○
Thigh with Sensinnov grip top	● ○	● ○	● ○	● ○	-	-
Thigh with waist attachment	● ○	● ○	● ○	● ○	● ○	● ○
Tights (panty)	●*○*	●*○*	●*○*	● ○	●*○*	● ○

* Not available in short length

Below knee

Thigh

Thigh w/ attachment

Tights (panty)

Any questions or queries? Contact our Customer Service team on 01264 326 666 or email customerservices@sigvaris.com

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Maintenance

Active
LEISURE

15-20
mmHg

AFNOR
2

These socks combine a patented soft-knit bamboo fabric with ventilated calves and anti-bacterial properties to deliver long-lasting softness and comfort.

Soft

Cushioned sole

Anti-bacterial

Scan here to view the product's measuring form

Circular knit

Active LEISURE

Sizing chart

All measurements are shown in cm

Female

Below knee	XXS	XS	S	M	L	XL
Ankle (cB)	17-19	19-22	22-24	24-26	26-29	29-32
Calf (cC)	27-35	30-38	33-41	37-45	40-48	43-51

Length	Normal	Long
Below knee (ℓD)	≤ 40	≥ 40
Shoe size	36/40 - 3.5/6.5	37/41 - 4/7.5

Male

Below knee	S	M	L	XL	XXL
Ankle (cB)	19-22	22-24	24-26	26-29	29-32
Calf (cC)	31-38	34-41	36-43	39-46	42-49

Length	Normal	Long
Below knee (ℓD)	≤ 42	≥ 42
Shoe size	40/43 - 6/9	43/46 - 9/11

Below knee

Styles and colours

		Class 2				
		Black	Denim	Dark Grey	Light Grey	Dusty Pink
Below knee	Female	●	●	-	●	●
	Male	●	-	●	-	-

Any questions or queries? Contact our Customer Service team on 01264 326 666 or email customerservices@sigvaris.com

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Maintenance

Essential
COTON

15-20
mmHg

AFNOR
2

20-36
mmHg

AFNOR
3

Offers year-round comfort with a breathable cotton blend that regulates skin temperature, wicks away moisture and is gentle on sensitive skin.



Absorbant



Dermato-
logically
tested



Sensitive
skin



Scan here
to view the product's
measuring form



Sensinnov
grip top band
on thigh



Open toe
on below knee
and thigh



Thigh with grip top
in Sable



Below knee
in Black

Sizing chart

Below knee and thigh with grip top

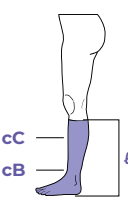
All measurements are shown in cm

	S	M	L	XL	XXL
Ankle (cB)	19-22	22-24	24-26	26-29	29-32
Calf (cC)	32-39	35-42	38-45	41-48	44-51
Thigh (cG) with grip top	46-58	50-62	54-66	58-70	62-74

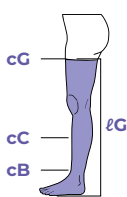
Length

	Normal	Long
Below knee (ℓD)	≤ 42	≥ 42
Thigh (ℓG)	≤ 79	≥ 79
Shoe size	40/43 - 6/9	43/46 - 9/11

Below knee



Thigh



Styles and colours

- Closed toe
- Open toe

	Class 2			Class 3	
	Black	Granite	Sable	Black	Sable
Below knee	● ● ○	●	● ● ○	●	●
Thigh with grip top	● ● ○	-	● ● ○	●	●

Maintenance

Essential
MICROFIBRE

15-20
mmHg

AFNOR
2

Delivers exceptional softness with 100%
microfibre next to the skin, offering
outstanding breathability, moisture
control and a secure fit with the
Sensinnov grip top band on thigh styles.

Microfibre

Resis-
tance

Stylish

Scan here
to view the product's
measuring form

Sensinnov
grip top band
on thigh

Thigh with grip top
in Black

Below knee in
Marine

Below knee
in Black

Sizing chart

All measurements are shown in cm

Below knee

	XS		S			M			L			XL			XXL	
Ankle (cB)	17-19		19-22			22-24			24-26			26-29			29-32	
	SLIM	STD	SLIM	STD	PLUS	SLIM	STD	PLUS	SLIM	STD	PLUS	SLIM	STD	PLUS	STD	PLUS
Calf (cC)	21-28	28-35	24-31	31-38	38-45	27-34	34-41	41-48	29-36	36-43	43-50	32-39	39-46	46-53	42-49	49-56

Thigh with grip top

	S		M		L		XL		XXL
Ankle (cB)	19-22		22-24		24-26		26-29		29-32
	SLIM	STD	SLIM	STD	SLIM	STD	SLIM	STD	SLIM
Calf (cC)	28-35	31-38	31-38	34-41	33-40	36-43	36-43	39-46	42-49
Thigh (cG)	38-48	48-61	42-52	52-65	47-57	57-70	51-61	61-74	63-76

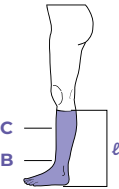
Length

	Normal	Long
Below knee (ℓD)	≤ 42	≥ 42
Thigh (ℓG)	≤ 79	≥ 79
Shoe size	40/43 - 6/9	43/46 - 9/11

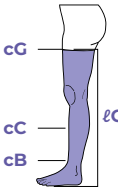
Styles and colours

	Class 2	
	Black	Marine*
Below knee	●	●
Thigh with grip top	●	-

Below knee



Thigh



Like this product?

Scan this QR code for details about our different ordering routes

Support – Doffing & Donning

Doffing and Donning aids

Everybody needs a helping hand from time to time. We have developed a range of doffing and donning aids, specifically designed to help your compression users get their compression stockings on and off.



Scan here to view the product's measuring form

MELANY

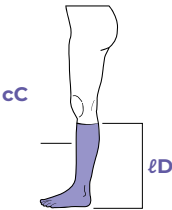
Features and benefits

- Less effort required and therefore less physical strain.
- Simplified donning and doffing increases independence.
- Reduces wear and tear of compression stockings due to gentle donning and doffing allowing them to retain their therapeutic compression for longer.
- Is easy to take apart and stow away for travel or general storage.

Below knee

	XS	M	M	L / L Plus
Calf (cC)	25-30	30-38	38-46	46-56

Below knee



Doff n' donning

DOFF N' DONNER CONE

Features and benefits

- The Cone facilitates the easy rolling of compression garments onto the DOFF N' DONNER ROLLY device, streamlining the donning process.
- Equipped with a suction cup at its base, the DOFF N'DONNER CONE securely attaches to clean, flat surfaces, providing stability during use.

DOFF N' DONNER ROLLY

Features and benefits

- Suitable for applying garments for below knee, thigh and armsleeve.
- Unlike many other donning and doffing aids, the DOFF N'DONNER ROLLY is designed to make it easier to remove and apply the compression garment.



DOFF N'DONNER CONE



DOFF N'DONNER ROLLY



Scan the QR code to learn how to use our doffing and donning aids

Features and benefits



Quick and easy donning and doffing of the compression garments.



Comfortable and convenient, even with scars or ulcerated legs.

Open skin areas and wounds should be covered with an appropriate wound dressing before applying the compression garment.



Increased independence as there is less effort required application and removal of compression garments.



Use of the DOFF N' DONNER products can prevent damage to the garments as they are handled more gently.



Optimal support of nursing staff in everyday routines with compression garments.



Optimal handling for **easy cleaning**.



Let's talk hub

Empowering self-care for compression users.

Self-care is a cornerstone of managing lower limb conditions.¹⁰ Giving compression users the skills, confidence and clear information they need can speed up healing, reduce recurrence and reduce unnecessary appointments.⁸

National guidance shows that with strong compression and good self-care, up to 80% of venous leg ulcers could heal within 12 weeks.^{3,10} With chronic wounds affecting 3.8 million people and costing the NHS £8.3 billion a year, much of it in the community, supporting self-care is essential for users and the health service.^{9,10}

Let's talk hub was made with compression users in mind, breaking down conditions like venous disease and oedema, importance of compression, how to get the most from compression therapy and how to look after their legs.



Scan the
QR code
to find out
more about
Let's talk hub

sigvaris

We're here to help

Customer Services

Need help? Just ask - we're here to make it easy.

- Our friendly product experts have over 150 years of combined experience in compression therapy - no question is too small
- Made to measure support: we'll help you get the perfect fit for your patients
- We're here Monday to Thursday from 9am to 5pm and Friday from 9am to 4pm - just a call or email away



Call us on
01264 326 666
or email us on
**customerservices@
sigvaris.com**

References

(1) National Wound Care Strategy Programme. Lower Limb Recommendations. 2020. Available from: <https://www.nationalwoundcarestrategy.net/recommendations/> (2) Stather PW, et al. Adjustable Velcro wrap devices for venous ulceration: a systematic review. J Wound Care. 2019;28(Sup6):S4–S12. (3) O'Meara S, et al. Compression for venous leg ulcers. Cochrane Database Syst Rev. 2012;11:CD000265. (4) Ashby RL, et al. Clinical and cost-effectiveness of compression hosiery versus compression bandages in treatment of venous leg ulcers (VenUS IV). Health Technol Assess. 2014;18(57):1–293. (5) Nelson EA, et al. Compression for preventing recurrence of venous ulcers. Cochrane Database Syst Rev. 2024;CD002303. (6) Chitambira F. Patient perspectives: explaining low rates of compliance to compression therapy. Wound Pract Res. 2019;27(4):168–174. (7) Stevenson EM, Coda A, Bourke MDJ. Investigating low rates of compliance to graduated compression therapy. Int Wound J. 2024;21(4):e14833. doi:10.1111/iwj.14833. (8) National Wound Care Strategy Programme. Recommendations for the provision of leg ulcer services in England. London: NHS England; 2023. Available from: <https://www.nationalwoundcarestrategy.net/> (9) Guest JF, Fuller GW, Vowden P. Cohort study evaluating the burden of wounds to the UK's National Health Service in 2017/2018: update from 2012/2013. BMJ Open. 2020;10(12):e045253. (10) NHS England. NHS Long Term Plan. London: NHS England; 2019. Available from: <https://www.longtermplan.nhs.uk/> (11) 'The treatment of venous legs ulcers with a specially designed compression stocking kit compression with bandaging.' F. Mariani et al. Phlebologie 2008; 37: 191-197

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