

Stockings for globetrotters

Christa Moser is absolutely thrilled. While traveling the world, her legs were able to withstand 12-hour flights and uncomfortable bus rides without any problems.



The 32-year-old, whose adopted home is Zurich, spent eight months traveling last year. She quit her job, sublet her flat and made her big dream a reality. She wanted to get out of her usual comfort zone at home and enjoy the luxury of simply getting away and having time to herself. The business manager who specialises in tourism set off towards South East Asia with a full backpack, wallet and a pair of travel stockings.

She already put them on before she left home as a precaution. This globe-trotting lady knew just how long trips can cause the legs and feet to swell. As soon as you are sitting on the plane, it can already become uncomfortable, because the cabin pressure is never fully compensated for. The air pressure is equivalent to an altitude of around 2500 meters above sea level. This might be easy on the plane – but not on the legs of the passengers. This is where travel stockings come in handy because they balance out the loss of pressure and support the legs even in uncomfortable sitting positions. Christa Moser only discovered them by chance shortly before she left for her trip. “While I was at the vaccination

centre at Central Square in Zurich, I was putting together a travel first aid kit.

I noticed the display with the special stockings. There I read about varicose veins, vein valves and thrombosis prevention as well as learning what the stockings can do. That’s what convinced me to buy a pair. While on my flight from Zurich to Bangkok, I already noticed the effect: my legs were much lighter than usual and my feet were not the least bit swollen. During my first bus transfer, the stockings really paid off. In Asia, buses in particular are so tight and overcrowded. You’re packed in like sardines and can forget about any legroom. And you never know whether a bus trip will take 12 or 17 hours. Sometimes it stops to load up a few chickens or sacks of rice, squeezing them in wherever there happens to be a bit of space. The heat reaches tropical temperatures. There might be air conditioning on the night bus, or there might not be. Sometimes it works, sometimes it doesn’t. And then your legs really hurt. But luckily not this time because I had my travel stockings on. They didn’t slip or dig in anywhere, and they gave me a sense of ease and security. There’s no comparison when I think back to past trips. I’m thrilled about them!”

Thailand, Myanmar, Cambodia, Laos, Indonesia, Malaysia, Singapore. Then New Zealand, Hawaii as well as the eastern part of the United States and Canada. Christa Moser flew, drove and spent even more time walking during her travels. Hours touring through cities and landscapes. Hikes, sightseeing and new places all the time. “Sure, I spent a lot of time running around in shorts and flip-flops. And I was of course barefoot while on the beach. But the stockings helped me specifically at times when I was in transit from one place to the next. Now I don’t give long bus trips or flights a second thought. My legs are ready to take on anything thanks to the TRAVENO travel stockings. I’m already looking forward to my next adventure to Alaska.”