

Instructions for use:

Putting on ▪ Taking off ▪ Care

Important information

- Do not wear ULCER X on open wounds. The wounds should be covered with the appropriate wound dressings.
- Always wear the special SIGVARIS rubber gloves when putting on or taking off the stockings. The rubber gloves enable you to don the stockings with relatively little effort and thus preserve the compression stocking fabric.
- The understocking has to be worn for 24 hours. Put the overstocking on after getting up and remove it before going to bed.
- SIGVARIS ULCER X should only be worn as prescribed by your doctor.
- Do not remove the excess threads inside the stocking.
- Protect your TRADITIONAL compression stocking from ointments, oils and grease (including body lotion), from direct sunlight, bright light and considerable heat. The understocking is largely insensitive towards ointments, oils, grease and UV rays.

Putting on the understocking

1. Turn the understocking inside out at the level of the ankle and pull the understocking carefully over the instep and heel like a normal sock. This inversion technique ensures that the wound dressing remains in place.
2. Take hold of the understocking by the cuff and carefully pull it half way up the lower leg.
3. Distribute the stocking fabric evenly over the lower leg by gradually easing the understocking up the leg with flat hands and stroking movements. This allows you to distribute the knitted fabric evenly over the lower leg with very little effort.

Putting on the TRADITIONAL compression stocking

4. Turn the TRADITIONAL compression stocking inside out at the level of the ankle and pull the stocking carefully over the instep and heel like a normal sock.
5. Take hold of the TRADITIONAL compression stocking by the cuff and carefully pull it half way up the lower leg.
6. Distribute the stocking fabric evenly over the lower leg by gradually easing the TRADITIONAL compression stocking up the leg using flat hands and stroking movements.

Taking off the TRADITIONAL compression stocking

7. To doff the TRADITIONAL compression stocking, grip the upper edge and pull the band down over the heel and almost to the toe.
8. Using flat hands and stroking movements, ease the double-layered stocking over the instep and heel, and off towards the toe.

Correct care

- Wash daily by hand or in a laundry bag in a washing machine (delicate wash cycle) at max. 40 degrees (understocking: max. 60 degrees). 
- For hand washing, we recommend SIGVARIS WASHING SOLUTION hand washing solution (do not use fabric softener). 
- Do not tumble-dry. 
- Do not iron. 
- Do not dry-clean. Do not use any chemicals. 

Indications:

For the treatment of leg ulcers (ulcus cruris venosum) subsequent to wound treatment.

Absolute contra-indications:

Advanced peripheral arterial occlusive disease, congestive heart failure, septic phlebitis, phlegmasia coerulea dolens.

Relative contra-indications:

Pronounced weeping dermatoses, intolerance to compression stocking material, serious sensitivity disorders of the extremities, advanced peripheral neuropathy (e. g. diabetes mellitus), primary chronic polyarthritis.



This quality product by SIGVARIS contains high quality refined natural rubber (latex) that does not come into direct contact with the skin.

The medical benefit of SIGVARIS compression stockings is guaranteed for 6 months with correct use.